

My "25 for 2025" List

2 3 4 4 5 6 7 10 11	3 4 4 5 5 8 9 10
3 4	3 4 4 5 5 8 9 10
4 5 6 7 8 8 10 11	4 5 6 7 8 9 10
4 5 6 7 8 8 10 11	4 5 6 7 8 9 10
5 6 7 8 8 9 10 11	5 6 7 8 9 10
5 6 7 8 8 9 10 11	5 6 7 8 9 10
6 7 8 9 10 11	6 7 8 9 10
6 7 8 9 10 11	6 7 8 9 10
7 8 10 11 12	7 8 8 9
7 8 10 11 12	7 8 8 9
8 9 10 11	8 9 10
8 9 10 11	8 9 10
9	9 10
9	9 10
10 11 11 12	10
10 11 11 12	10
11	
11	
12	11
12	11
13	12
13	
	13

14	
Ш	
15	
16	
17	
ш	
18	
10	
19	
20	
21	
22	
23	
24	

MY WORD OF THE YEAR IS

Share your progress by using #25for2025 and tagging @gretchenrubin and @lizcraft on social media. Subscribe to the Happier with Gretchen Rubin podcast in your favorite podcast app.

25